

# Wobbler Balance Maze

The Wobbler Balance Maze is totally unique, strong, bright and colourful. It can be used both indoors and out, and it is great fun.

## INSTRUCTIONS

Step onto one side of the Wobbler and ensure you have firm foothold, and the Wobbler is resting on a flat clear floor. Then place your other foot on the Wobbler and commence your game. Smaller feet should be placed centrally on the foot-grips.

If you are unsure of your balance and practice with a support partner or stand near a supportive structure such as a wall, table or heavy chair.

You can also complete these challenges while seated or kneeling and using your hands on the foot-grips.

## TIPS

- Never use on a slippery surface—best to use carpet or lawn surfaces.
- Keep the area clear of dangerous objects.
- Stand tall and bend your knees slightly to control the Wobbler.
- Wear flat shoes with good grip sole.
- Don't stand on maze.

## THE CHALLENGE

### YELLOW TOP

You need to use your balance to guide the balls into the holes. Start with one ball at a time and work up to 3 three balls at once. To make it particularly difficult you can nominate which coloured ball goes into which hole.

### THE MAZE

You need to use your balance to guide the balls through the maze. Start with one ball at a time and work up to 3 three balls at once.

### THE TIME TRIAL

Keep a record of your times to complete each challenge and try and better it on your next attempt.

This can be a teams event for additional fun.

**NOTE:** Fitting the yellow tray to the blue base: line up parallel flanges in the base of the yellow tray with the outer wall of circular blue maze and press downwards into place. Yellow tray should sit with one hole at 6 O'Clock and the other two hole at 10 O'Clock and 2 O'Clock respectively.



*There is a blue Wobbler Balance Maze base comprised of a ball storage area, foot-grips and an in-built maze. There is also a yellow challenge, which attaches to the base. It comes with three coloured balls.*



<b>LIGHT</b>	<b>Weighs only 3 kilos</b>
<b>STRONG</b>	<b>Supports up to 120 kgs</b>
<b>DURABLE</b>	<b>Made of injection-moulded HDPE; a super strong plastic.</b>
<b>BRIGHT</b>	<b>Attractive colours that won't fade with time.</b>
<b>STANDARD</b>	<b>Complies to British Standards BS5665/EN71</b>

